

RECORD BREAKERS

BEAT 3 EXILE: RECORD BREAKERS

The following icebreakers are 60-second challenges, often with a chance of breaking a world record (all world records are correct as March 2024).

Can you reach home?

Ask one person to hold an A4 paper that says **'HOME'** written on it in pen.

On the other side of the room, ask another person to hold a paper that says **'BABYLON'** written on it. Invite volunteers up to jump from Babylon to home. Closest wins.

World record long jump is 8.95 metres

YOU WILL
NEED...

1. A4 paper
2. Pens
3. Tape measure
4. Gaffer tape to mark people's jumps